

# Ρητορική για τις ευεργετικές ιδιότητες του κρασιού στην υγεία

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**Reducing risk of depression**, Journal *BMC Medicine*

**Preventing colon cancer**, University of Leicester (UK), *2nd International Scientific Conference on Resveratrol and Health*

**Anti-aging**, Harvard Medical School, *Cell Metabolism*

**Preventing breast cancer**, Cedars-Sinai Medical Center (LA), *Journal of Women's Health*

**Preventing dementia**, Loyola University Medical Center, *The Journal of Neuropsychiatric Disease and Treatment*

**Protecting from severe sunburn**, University of Barcelona (Spain) *The Journal of Agricultural Food and Chemistry*

**Preventing blinding diseases**, Washington University School of Medicine (St. Louis), *American Journal of Pathology*

**Damage after stroke**, Johns Hopkins University School of Medicine, *Experimental Neurology*

**Improving lung function and preventing lung cancer**, *Cancer Epidemiology, Biomarkers and Prevention*

**Raising levels of omega-3 fatty acids**, *American Journal of Clinical Nutrition*

**Preventing liver disease**, UC San Diego School of Medicine, *Hepatology*

**Protecting from prostate Cancer**, *Harvard Men's Health Watch*

**Preventing type 2 diabetes**, Chinese Academy of Sciences, *Cell Metabolism*

**Σημείωση:** Οι ευεργετικές ιδιότητες του κρασιού στην υγεία αφορούν μετρημένη κατανάλωση.